

FRESHLY BAKED FROM OUR OVEN DAILY

Sweet Filled Croissant \$3.00
Chocolate · Almond · Strawberry · Raspberry · Blueberry
Apple Cinnamon · Raspberry and Cream
And more.

Savory Filled Croissant * Fredericksburg's favorite breakfast * \$5.00
Ham, Egg and Cheddar · Sausage, Egg and Cheddar Cheese
Ham and Swiss Cheese · Bacon, Egg and Cheddar Cheese

Nutella® on Toasted Croissant \$3.50
The beloved hazelnut spread on slightly toasted croissant.

Quiches \$6.95
Spinach and Bacon with Cheddar Cheese
Ham and Mushroom with Swiss Cheese
Crab Quiche \$7.95

**Scones · Palmier · Brownies · Peacan Bars
Lemon Bars · Chocolate Ribbon Mousse**

HOT PANINI

Grilled Vegetable Panini \$8.99
Roasted Bell Pepper, Tomato, Eggplant and Onion

Avocado Tremezzini \$8.99
Fresh Avocado, caper and spinach

The Four Seasons \$8.99
Turkey breast, fresh spinach, avocado and muenster cheese

The Pizza \$8.99
Ham, pepperoni and provolone

Caprese Panini \$8.99
Fresh mozzarella, tomato and basil

KIDS MENU

Peanut Butter and Jelly Sandwich and Chips \$6.50
Grilled Cheese Sandwich and Chips \$6.50

DOWNTOWN CAFE SANDWICHES

Our freshly prepared deli sandwiches are made to your specific order. We use quality deli meat and fixing's. Please indicate your choice of bread: Croissant or Multigrain Baguette. Indicate your choice of veggie: tomato, green leaf lettuce and red onion.

\$8.99

Includes Fresh Fruit Cup or Chips

Oven Roasted Turkey and Havarti Cheese

**Oven Roasted Turkey · Bacon · Cheddar Cheese
Honey Mustard**

**Black Forest Ham w/ Swiss Cheese and
Spicy Brown Mustard**

Avocado · Cucumber · Feta Spread

Oven Roasted Turkey · Cucumber · Red Onion

**Black Forest Ham w/ French Brie and Raspberry
Mayo**

**Oven Roasted Turkey & Muenster Cheese and
Sliced Avocado**

Roast Beef with Pepper Jack Cheese.....\$9.99

**Roast Beef with Cheddar Cheese
& Horseradish Mayo.....\$9.99**

Albacore Tuna Salad..... \$9.99

Extra Items can be added:

Meat \$1 Cucumber 50¢ Cheese 55 ¢
Avocado 75¢

Half of the above sandwiches can be ordered \$5.00

BISTRO'S SIGNATURE SANDWICHES

Angus Beef Burger \$9.99
Premium grilled beef burger topped with steak sauce. Serve on ciabatta.

Chesapeake Crab Cake Sandwich \$9.99
Crabmeat mixed with old bay seasoning and house tartar sauce. Serve on sesame bun.

Café Chicken Salad with Grapes & Walnut \$9.99
Not your ordinary chicken salad, this is café's favorite. Sandwich is serve on your choice of bread.

Tuna Melt \$9.99
Albacore tuna salad on melted provolone cheese and Tomato. Your choice of bread.

Muffuletta \$9.99
Mortadella, ham, turkey and pickled olives

SALADS

Sesame Chicken Salad \$9.95
Pulled chicken breast with mixed green and mandarin, crunchy wonton, sliced almond and sesame ginger

Lime and Cilantro Chicken Salad \$9.95
Our house vinaigrette of fresh lime juice and cilantro, mixed green and pulled chicken breast and walnuts.

Strawberry Field Chicken Salad \$9.99
Fresh strawberry and grapes mix with chicken with poppyseed dressing tops with carrots and walnut.

Albacore Tuna Salad \$9.95
Albacore tuna salad with dash of dill on a platter of mixed greens. Your choice of salad dressing.

Café Chicken Salad with Grapes & Walnut \$9.95
Not your ordinary chicken salad, this is café's favorite.

Simply Greens \$8.49
No meat zone. All mixed organic greens, carrot, cucumber and tomato. Your choice of dressing.

SOUPS

Soup of the Day (Selection Varies) \$5.50/12oz.
Clam Chowder · Roasted Bell Pepper & Gouda Bisque · Vegetarian Chili \$6.50/16oz..

OUR BEVERAGE MENU

Espresso	\$2.00 /single	\$3.25/double
	1 12 oz.	16 oz.
Cappuccino	\$ \$2.75	\$3.25
Latte	\$ \$3.00	\$3.50
Mocha	\$ \$3.00	\$3.75
Tea/Coffee	\$ \$1.95	\$2.10
Thai Iced Coffee/ Thai Iced Tea	\$ \$2.75	\$3.50

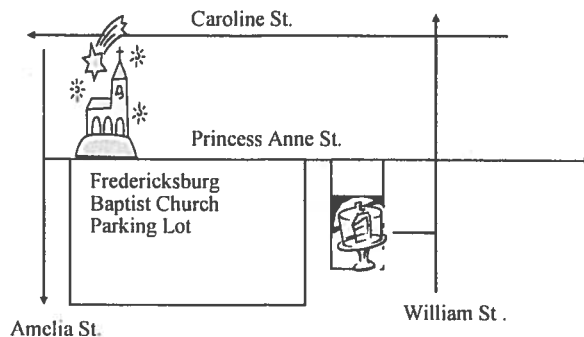
Orangina · Root Beer · Snapple Ice Tea · Cream Soda
San Pellegrino · and more

Combo.....\$9.99
Soup &
1/2 Sandwich

Or

1/2 Sandwich &
1/2 Chef Salad

Downtown Market Sandwich only



We also offer catering services. Please ask for more detail from our catering specialist. We hope to see you again soon.

Thanks for stopping in today.



Here & Abroad
Bistro · Bakery

Fresh baked croissant, baguette, scones,
bread, and sweet treats on the premise.

**Enjoy the sandwich?
We cater.**
Please ask for our catering menu.

1004 Princess Anne St.
See map on the back of menu

Business Hours:
Tues. – Fri. 7:30am—4pm
Saturday 8:00am—4pm
Sunday 8:00am—2pm
Monday - Closed
We accept visa and master card

Call ahead or fax in your order is appreciated.

Phone: 540-371-2999